



## **Uterine Artery Embolization Post-procedure Medications and Instructions**

### **Medications:**

#### **Day One:**

Levofloxacin (Levoquin) 500mg by mouth once a day.

Norco (hydrocodone 10mg) one tablet by mouth every six hours as needed for pain.\*

(For severe pain you may take up to two tablets every six hours but do not exceed six tablets over 24 hours.)

Ketorolac (Toradol) 10mg by mouth every six hours as needed for pain.\*

Phenergan one or two 12.5mg tablets by mouth every six hours as needed for nausea.

Prochlorperazine (Compazine) 25mg suppository every 12 hours as needed if vomiting.

#### **Days Two and Three:**

Levofloxacin 500mg by mouth once a day.

Norco (hydrocodone 10mg) one tablet by mouth every six hours as needed for pain.\*

(For severe pain you may take up to two tablets every six hours but do not exceed six tablets over 24 hours.)

Ketorolac 10mg by mouth every six hours as needed for pain.\*

Phenergan one or two 12.5mg tablets by mouth every six hours as needed for nausea.

Prochlorperazine (Compazine) 25mg suppository every 12 hours as needed if vomiting.

#### **Days Four and Five:**

Levofloxacin 500mg by mouth once a day.

Norco (hydrocodone 10mg) one tablet by mouth every six hours as needed for pain.\*

Ibuprofen 400mg by mouth every six hours as needed for pain.\*

#### **Days Six and Seven:**

Levofloxacin 500mg by mouth once a day.

Ibuprofen 400mg by mouth every six hours as needed for pain.

- Alternative the Norco (hydrocodone) and ketorolac every three hours for best pain control.
- Pick up an over the counter stool softener (ie.Colace) and start taking it. The pain medications tend to cause constipation.
- If the norco (hydrocodone) and ketorolac do not adequately control the pain, start taking Demerol (meperidine). Do **not** take the norco and Demerol together

### **Instructions:**

1. Take it easy. Do not plan to do much except recover for five to seven days.
2. **NO** strenuous exercise or lifting for at least three days.
3. Take your pain and nausea medications as needed. Do not “fall behind” the pain. Please let us know if your pain and/or nausea are not adequately controlled on the prescribed medication regimen. A heating pad or two (on low heat) to the lower abdomen may help.
4. Take your temperature twice daily for a week. Let us know if it exceeds 101° F. Low grade temperature and flu-like symptoms are a normal part of post-embolization syndrome.
5. NO soaking in a bath (or pool) for 72 hours. Showers are fine.
6. NO driving or operating machinery while on pain medications.
7. NO alcohol while on pain medications or anti-inflammatory medications.
8. Watch for high fevers, swelling, pain or bleeding at the groin puncture site. Let us know immediately if you have any problems.
9. Diet: start with liquids or bland solid foods. Advance as tolerated. Avoid dairy products.
10. Have someone available to check in on you and help you if necessary.
11. Light vaginal spotting or clear vaginal discharge is not uncommon following UAE. Passage of tissue or a fibroid vaginally is also possible. Please let us know if this happens.